

Ohio Race Walker
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Ole! Spaniards shine at World Championships

Back in April, the Spaniards had to play second fiddle to their Mexican cousins at the World Cup in Monterey, finishing a distant second to the hosts in the team race. Not so at the World Championships in Stuttgart. Finishing 1,3,4 in the 20 and 1,5 in the 50, the Spaniards would easily have won the team title, if there were one. What they did do was probably sew up two number rankings for the year. To make the highly successful week even better, they also captured a bronze medal in the women's 10 Km.

In that race, Finland's Sari Essayah, fourth in last year's Olympics and second in Monterey, moved to the fore to win in 42:59, leaving Italy's Ileana Salvador 9 seconds back. Spain's Encarnacion Granados was third in 43:21. World Cup winner Yan Wang of China was not in the top ten, nor were any other Chinese, following their 1,3,5 finish in the Olympics. At this point, I don't even know if they were competing. But with their recent strong reemergence, along with the emergence of Chinese women distance runners, their absence would be a mystery. Teresa Vaill topped the U.S. and Canadian contingent with a 46:58 in 22nd place.

In the 20, Valentin Massana, second in the World Cup to Mexico's Daniel Garcia, left no doubt in this one with an overwhelming victory. He entered the stadium more than a half-minute ahead of Garcia and Russia's Mikhail Schennikov, and they were both DQ'd as they hit the track. (Massana knows a bit about the feeling of disqualification having suffered one while in second place with less than a half-mile to go in the Barcelona Olympics.) Giovanni De Benedictis moved on to the silver medal, some 35 seconds behind Massana. Olympic gold medalist Daniel Plaza captured the bronze and Jaime Barroso completed a near Spanish sweep in fourth. Allen James had an impressive race in 17th, two places ahead of Canada's Tim Berrett, warming up for the 50 a week later.

In that 50, Spain's Jesus Angel Garcia, second in Monterey, beat Finland's Valentin Kononen for the gold in a quick 3:41:41. Two-time World Cup winner and Olympic silver medalist Carlos Mercenario could manage only eighth place in this one. He had beaten Garcia by more than 2 minutes in Monterey. Berrett, fifth in Monterey, finished 30 seconds and one place of Mercenario in this one, and has certainly proven his place among the elite 50 Km walkers of the world. For the U.S., Jonathan Matthews continued to impress with his 4:02:52 in 19th place, just over his best of 4:01:36 earlier this year.

We will hope to have more details, including split times, on the races in next month's issue. About the only detail we have at this time is that the sport has once again fallen prey to an ill-informed press. Under a headline "Controversies and Victories in the World Meet", the New York Times said: "The men's 20 kilometer walk became a farce (emphasis your editor's; certainly an ill-chosen word) when a judge disqualified six competitors in the last 400 meters for running, not walking. . . . Massana was already in

SECOND CLASS POSTAGE
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the stadium with a 180-meter lead when Mikhail Schennikov of Russia and Daniel Garcia of Mexico arrived, a few strides apart. The judge immediately flashed a red card at them, meaning both of them were disqualified. Walter Arena of Italy, one of the four others disqualified, was shown a red card one step before the finish line. Walkers may be disqualified for repeated infractions of the rule that requires one foot to be on the ground at all times. In other words, you are allowed to walk, but not run. Super-slow-motion replays during the women's walk Saturday and the men's walk today clearly showed many walkers who had both feet off the ground at the same time and were not disqualified. (ed. So here we go again. Shall I repeat everything we published last fall following negative TV commentary at the Olympics.)

Results:

Women's 10 Km, August 14--1. Sari Essayah, Finland 42:58 2. Ileana Salvador, Italy 43:08 3. Encarnacion Granados, Spain 43:21 3. Elisabetta Perrone, Italy 43:26 5. Beate Anders, Germany 43:28 6. Katarzyna Radtke, Poland 43:33 7. Helena Nikolayeva, Russia 43:47 8. Yelena Saiko, Russia 43:56 9. Anna-Rita Sidoti, Italy 44:13 10. Maria Rosza, Hungary 44:17 . . 22. Teresa Vaill, USA 46:58. . . 24. Allison Baker, Canada 47:20. . . 27. Janice McCaffrey, Canada 47:45 . . 34. Tina Poltras, Canada 48:24 . . 37. Debbi Lawrence, USA 48:53 . . 43. Sara Standley, USA 51:01

Men's 20 Km, August 15--1. Valentin Massana, Spain 1:22:31 2. Giovanni De Benedictis, Italy 1:23:06 3. Daniel Plaza, Spain 1:23:18 4. Jaime Barroso, Spain 1:23:41 5. Yevgeniy Misyula, Belarus 1:23:45 6. Sergio Galdino, Brazil 1:23:52 7. Robert Ihly, Germany 1:24:21 8. Igor Kollar, Slovakia 1:24:23 9. Ignacio Zamudio, Mexico 1:24:32 10. Sandor Urbanik, Hungary 1:24:40. . . 17. Allen James, USA 1:26:53 . . 19. Tim Berrett, Canada 1:27:28

Men's 50 Km, August 21--1. Jesus Angel Garcia, Spain 3:41:41 2. Valentin Kononen, Finland 3:42:02 3. Valeriy Spitsin, Russia 3:42:50 4. Axel Noack, Germany 3:43:50 5. Basilio Labrador, Spain 3:46:46 6. Rene Piller, France 3:48:57 7. Tim Berrett, Canada 3:50:23 8. Carlos Mercenario, Mexico 3:50:53 9. Jean Claude Corre, France 3:51:51 10. Sergey Korepanov, Kazakhstan 3:52:50 11. Viktor Ginko, Belarus 3:53:41 12. German Sanchez, Mexico 3:54:07 13. Giovanni Pericelli, Italy 3:54:30 14. Simon Baker 3:57:11 15. Massimo Quiriconi, Italy 3:57:33 16. Vyacheslav Smirnov, Russia 3:58:20 17. Andres Marin, Spain 3:58:45 18. Stefan Malik, Slovakia 4:01:28 19. Jonathan Matthews USA 4:02:52 20. Fujio Imamura, Japan 4:03:22 21. Pascal Charriere, Switzerland 4:04:18 22. German Skurygin, Russia 4:04:27 23. Les Morton, Great Britain 4:06:56 24. Milos Holusa, Czech Republic 4:06:56 25. Modris Liepins, Latvia 4:10:35 26. Aldo Bertoldi, Switzerland 4:12:09 27. Sergey Shildkret, Azerbaijan 4:14:10 28. Jose Urbano, Portugal 4:17:34 29. Adheemir Domingues, Brazil 4:19:08 30. Trond Moretro, Norway 4:19:14 31. Herman Nelson, USA 4:21:08 32. Hirofumi Sakai, Japan 4:21:33 33. Michael Harvey, Australia 4:23:40 34. Eloy Quispe, Bolivia 4:26:30 35. Aleksandr Stiglenko, Kirghizistan 4:31:51

Morgan captures 25 Km title

Albany, N.Y., Aug. 15 (From Steve Valtones)--In a rare mid-August USA championship race, Gary Morgan had no trouble controlling the field at the USATF 25 Km Championship. Morgan journeyed over from Clarkston, Michigan to take the win in a slowish 2:02:31.

Morgan was challenged by Will Van Axen for the first four laps of the 2500 meter loop. Approaching the 1 hour mark, the junior, looking to cover a fast 20 Km (the distance of the junior championship being contested) slipped off the pace, while Gary continued to grind on to the finish in the warm, but unseasonably hot, midday sun. Starting more conservatively, Phillip Dunn moved up to take second place in the 25. Relocated to Lake Placid now that college is behind him, Dunn's 2:07:45 was a solid effort just 2 weeks after his debut at 50 Km (at the Sports Festival--see results below). Rounding out the medalists was 46-year-old Bob Keating, still able to mix it up with the youngsters in a respectable 2:12:40.

In the Junior 20, Van Axen (who in his first attempt at the distance noted that a 20 hurts "a lot more than a 10") was passed with less than two laps to go by Al Heppner, who in turn build a lead of up to 100 meters. But, with little more than 1500 meters to go, the PanAm silver medalist rallied to reel in his Parkside-teammate-to-be, who had accumulated two red cards before the gun lap. Van Axen hammered out a minute margin over Heppner in the final mile, 1:42:03 to 1:43:06. Third was Yariv Pomeranz in 1:46:57, giving the event three good junior times in what is a somewhat out-of-season race. The last time a Junior 20 was held (1990), Phillip Dunn was the winner in 1:42:15.

It was a Michigan double for US championships, as the USA women's 20 Km title went to Debbie Benton of Dearborn in 2:03:15 behind Canadian record holder Micheline Daneau's unchallenged 1:52:55. Eileen Lawrence earned Masters honors in 2:07:43. In the prelude women's 10 Km, national team walker Melissa Baker led from the gun to win her first junior title in 55:37.

Keating has almost 10 minutes on over-40 challenger Brian Savilonis, as he led the New England Walkers to club honors in both open and masters divisions. Reappearing on the walking scene as tops in the 55-59 (and Clydesdale) category was Dave Romansky, 1968 Olympian, whose granddaughter walked the Junior 10.

A decent regional field assembled on the State University campus; the only disappointment being the sparse turnout by senior men and women at this well-run event. For the men, attendance at the championships in general continues to drop, with even local state athletes not supporting the event. On the women's side, the numbers were surprisingly small despite the few opportunities for women to race 20 Km in light of the impending addition to the World Cup. Results:

Men's 25 Km: 1. Gary Morgan (33), Mich., 2:02:31 2. Phil Dunn, NY, (22) 2:07:45 3. Elliot Taub (20), NY, 2:13:11 4. Cliff Mimm (35), NJ, 2:15:38 5. John Soucheck (27), NJ, 2:33:23 6. Ken Mattsson (29), Mass., 2:33:47 7. Justin Kuo, Mass., (38) 2:35:11 8. Wilson Crone (33), NY 2:36:23 9. Bret Dixon (23), NY, 2:44:47 10. Donald Tesiero (30), Fla., 2:57:45 11. Don Gallegos (29), Ver., 3:01:21
Masters Men 25 Km: 1. Bob Keating (46), Mas., 2:12:40 2. Brian Savilonis (43), Mass., 2:22:22 3. Bob Novak (44), Wash., 2:31:15 4. Robert Ullman (44), N.H., 2:34:25 5. Dave Romansky (55), NJ, 2:34:57 6. Herbert Zydek (54), NY, 2:35:55 7. Richard Incremona (46), NY 2:37:25 8. Patrick Bivona (52), NJ, 2:43:56 9. Mike Michel (63),

N.C., 2:52:25 10. Ross Barranco (43), Mich., 2:54:59 11. Bernard Kaufman (59), NY, 2:57:10 12. Charles Brush (70), NY, 3:20:57

Senior Women 20 Km: 1. Micheline Daneau (31), Canada 1:52:55 2. Debbie Benton (36), Mich., 2:03:15 3. Mary Lund (34), NY, 2:06:48 4. Valerie Meyer (35), Vir., 2:10:07 5. Elaine Perry (33), NY, 2:10:35 6. Maureen Robinson (36) 2:29:51, Mass., 51 7. Elaine Humphrey (39), NY, 2:43:29

Masters Women 20 Km: 1. Eileen Lawrence (40), NY, 2:07:43 2. Nancy Lee Whitney (57), Mary., 2:18:13 3. Olga Figueroa (47), NY, 2:18:27 4. Lois Dicker (53), Mary., 2:18:53 5. Linda Queipo (45), NY, 2:21:07 6. Beth Young-Grady (56), Ind., 2:21:07 7. M.J. Mudar (42), NY, 2:32:35 8. Joan Presser (64), Ind., 2:34:39 9. Priscilla Frappier (43), Mass., 2:43:28 10. Martha Libby (41), NY, 2:48:36

Junior Men 20 Km: 1. William Van Axen (17), NY, 1:42:03 2. Al Heppner (19), Wis., 1:43:06 3. Yariv Pomeranz (18), Fla., 1:46:57 4. William Leggett (17), Vir., 2:01:21 5. Brandon Perry (14), Fla., 2:21:58

Junior Women 10 Km: 1. Melissa Baker (17), NY 55:37 2. Debbie Iden (18), NY 63:52 3. Almee Parson (16), N. M. 65:30 4. Becky Parson (16), N.M. 67:11 5. Demi Romansky (8), NJ 95:46

Olympic Festival, San Antonio: Women's 10 Km: 1. Deb Van Orden 47:19.81 2. Dan Yarbrough 48:48 3. Cindy March 49:05 4. Lynda Brubaker 50:18 5. Kim Wilkinson 50:26 6. Susan Armenta 51:01 7. Sally Richards-Kerr 51:07 8. Sheryl Rellinger 53:09 9. Kelly Watson 54:29 10. Holly Wick 55:29

Mens 20 Km: 1. Jonathan Matthews 1:32:52 2. Tim Seaman 1:33:28 3. Gary Morgan 1:34:13 4. Curt Clausen 1:36:22 5. Curtis Fisher 1:36:33 6. Doug Fournier 1:39:43 7. Don DeNoon 1:43:37 8. John Kerfoot 1:43:46 DQ--Ian Whatley, Steve Pecnovsky, and Yariv Pomeranz

Men's 50 Km: 1. Andrzej Chylinski 4:19:48 2. Herm Nelson 4:29:32 3. Dave Marchese 4:33:41 4. Rob Cole 4:44:50 5. Philip Dunn 4:52:56 6. Andrew Herman 4:54:25 7. Mike DeWitt 4:56:43 8. Bob Briggs 5:07:21 9. Bill McCrae 5:24:27 DNF--Cliff Mimm, Jim Lenschau, and Mark Manning.

Comments on the Olympic Festival from faithful reader Jane Sweet: When I learned that the 1993 Olympic Festival would be held in San Antonio, I planned my vacation around the three days of racewalking events. The preliminary information that I received indicated races were scheduled for 8 am on Friday, July 30; Saturday, July 31; and Sunday, August 1. When I arrived in San Antonio, I consulted the official event guide for time and place of the walking events. I could not find a listing. I called the event information number and was told racewalking would be held in Breckinridge Park.

Friday morning, I drove all around Breckinridge Park (3500 acres) looking for the course. I finally stopped and called the event information and was told there were no Olympic Festival racewalking events. They must be sponsored by another organization and they had no information on races. I mentioned that I had been told the day before about the park from the same office. I went to the park headquarters office and was directed to reservations. They had no information, but suggested that I call a running store. The store told me that the women's race would be at Alamo Stadium at 6:30 pm Friday, Men's 50 Km at 6 am Saturday in Breckinridge Park, and men's 20 Km at 7 am Sunday, also in the park.

I had to buy a \$12 ticket to see the women's race because it preceded the evening T&F events. The race started at 7 pm with the temperature in the 90s. In spite of

the difficulty I had finding it, the was very well run. There were numerous volunteers and officials tracking laps, providing three glasses of water to each walker for each lap, and iced towels, and two supporters for each finisher. The men's races were free. I probably was the only spectator that was not related to the walkers. The Saturday race began at 7 am. TO be on the safe side, I asked the officials about the 20 Km. It was to be held at Alamo Stadium at 7 am. Bob Brigg's mother told me that he was asked to compete in the 50 even though he had not trained all year because they were having a hard time finding walkers. (Ed. So, racewalking is still a poor cousin--a few times removed, I suppose--and what else is new.)

National USTFA Masters Meet, Provo, Utah: Women's 5 Km, Aug. 12: 30-35--1. Sheela Mitchell 28:35 2. Jackie Kerby Moore 28:58 35-39--1. Cindy Paffumi 26:34 2. Therese Iknolan 27:29 3. Robin Fujinaka 28:00 4. Kathy Finch 29:44 40-44--1. Sally Richards Kerr 24:53 2. Phyllis Hansen 28:06 3. Kathy Lovell 29:31 4. Patricia Cooper 29:45 5. Pamela Thornton 30:40 45-49--1. Donna Cunningham 27:34 2. Linda Stein 28:45 3. Kathy Fable 29:00 50-54--1. JoAnn Nedelco 27:44 2. Elton Richardson 28:23 3. Sandy Pashkin 34:32 55-59--1. Shirley Capps 32:30 2. Margaret Seewerker 34:20 3. Marian Spatz 34:50 60-64--1. Ruth Eberle 30:22 2. Ria Marsh 32:44 3. Betty Payte 33:17 65-69--1. Joan Rowland 34:19 2. Joann Beers 34:34 **Men's 5 Km, Aug. 12:** 35-39--1. Albert Leibold 25:06 2. Jeff Millington 27:36 3. Eric DeMillard 30:05 40-44--1. Bohdan Bulakowski, Pol., 32:24 2. Michael Wiggins 24:43 3. Steve Petrakis 25:56 45-49--1. Norm Fable 25:59 2. Bill Barnes 26:16 3. Steve Hedges 26:27 4. Bill Penner 26:55 5. Jacinto Mogená 29:36 50-54--1. Don DeNoon 22:48 2. James Carmines 24:30 3. Victor Sipes 25:38 4. Alan Yap 26:53 5. Ed Dousky 26:49 6. John Elwarner 26:52 7. Pete Glachetti 27:07 8. Winston Crandall 27:16 9. Marcel Ollet, France 28:01 10. Wayne Wurzbarger 28:32 11. Bob Brewer 28:37 12. Bernie Finch 28:57 13. David Bickel 30:26 55-59--1. Paul Johnson 26:53 2. Larry Green 27:24 3. Presley Donaldson 28:39 4. Ray Franks 29:05 5. Stuart Stone 29:14 6. Gerald Bocci 29:20 7. Clyde Hatfield 31:31 60-64--1. Jack Bray 25:57 2. Max Green 26:11 3. John Lyle 29:37 4. Vance Genzlinger 30:14 5. Leo Rivera 30:46 6. Robert Elsner 30:47 65-69--1. Bob Mimm 29:21 2. Richard Bennett 32:42 70-74--1. Albert Sturni, France 29:32 2. Donald Gladding 31:04 3. Donald Cotner 33:47 4. Paul Geyer 33:59 75-79--1. Max Gould, Can. 33:47 2. Richard Stark 36:29 80-84--1. Giulio DePetra 37:09 **Women's 10 Km, Aug. 14:** 30-34--1. Victoria Herazo 53:36 2. Jackie Kerby Moore 58:52 35-39--1. Cindy Paffumi 54:29 2. Therese Iknolan 56:18 3. Robin Fujinaka 59:11 4. Laura Cribbins 59:44 5. Kathy Finch 61:29 40-44--1. Sally Richards-Kerr 50:50 2. Gayle Johnson 53:45 3. Phyllis Hansen 55:18 4. Patricia Cooper 60:13 5. Kathy Lovell 60:17 6. Pamela Thornton 62:42 45-49--1. Donna Cunningham 55:40 2. Kathy Fable 58:57 3. Linda Stein 60:06 4. Barbara Kowalski 66:39 50-54--1. JoAnn Nedelco 57:06 2. Elton Richardson 57:21 55-59--1. Shirley Capps 67:55 60-64--1. Ruth Eberle 61:50 2. Betty Payte 68:18 3. Ria Marsh 69:42 65-59--1. Joann Beers 70:01 2. Joan Rowland 72:25 **Men's 20 Km:** 35-39--1. Albert Leibold 1:43:34 2. Eric DeMillard 2:05:16 40-44--1. Bohdan Bulakowski 1:36:00 2. Steve Petrakis 1:52:59 45-49--1. Stan Chraminski 1:50:08 2. Norman Fable 1:50:42 3. Bill Barnes 1:57:50 4. Peter Armstrong 1:59:07 50-54--1. Don DeNoon 1:35:19 2. James Carmines 1:47:37 3. Victor Sipes 1:52:00 4. Alan Yap 1:52:08 5. Marcel Ollet 1:53:33 6. Edgar Kousky 1:55:44 7. Pete Glachetti 1:57:58 8. Bob Brewer 2:02:23 9. Wayne Wurzbarger 2:02:27 10. David Bickel 2:03:48 11. John Schulz 2:06:13 12. Bernie Finch 2:11:28 55-59--1. Paul Johnson 1:57:26 2. Gerald

Bocci 2:03:02 3. Ray Franks 2:05:41 4. Stuart Sonne 2:11:01 5. Presley Donaldson 2:11:01 6. James Fisher 2:11:45 60-64--1. Max Green 1:52:22 2. Jack Bray 1:52:40 3. John Kelly 2:06:46 4. Vance Genzlinger 2:06:58 5. Ed Ricci 2:10:18 6. John Lyle 2:13:21 7. Leo Rivera 2:14:24 8. Joe Rogers 2:14:46 65-59--1. Bob Mimm 2:03:36 2. Richard Bennet 2:19:33 70-74--1. Donald Gladding 2:12:55 2. Paul Geyer 2:25:08 3. Mel Lees 2:26:41 4. Jorge NEWberry 2:28:15 75-59--1. Max Gould 2:30:11 2. Richard Stark 2:40:58 3. Sol Tannenbaum 2:42:23 80-84--1. Giulio DePetra 2:30:00
World University Games 20Km Niagara Falls, July 17--1. Robert Korzenowski, Poland 1:22:00 2. Daniel Garcia, Mexico 1:22:58 3. Bernardo Segura, Mex. 1:24:10 4. Malik, Slovakia 1:25:12 5. Khmelinski, Belarus 1:26:26 6. Mao, China 1:27:36 7. Bianchi, Italy 1:28:46 8. Tim Berrett, Canada 1:30:05 9. Curt Clausen, US 1:32:17 10. Rob Cole, US 1:33:15

National AAU Junior Olympics, Knoxville, Tenn., Aug. 4-7: Girls 9 and under 1500 meters--1. Kristen Marski, Marlton, N.J. 8:14:23 2. Crystal Madrigal, Mission, Kansas 8:29:97 **Girls 10 and 11 1500:** 1. Stephanie Gray, Miami 9:04:83 **Girls 12 and 13 3 Km:** 1. Virginia Jones, Houston 16:22:06 2. Adrienne Corker, Merriam, Kan. 16:41:90 3. Caroline Courtney, Merriam, Kan. 17:35:30 4. Katie Meyer, Huntsville, Tex. 17:39:40 **Girls 16 and 17 3 Km--1.** Alicia Nielsen, Neosho, Mo. 17:39:44 **Boys 9 and under 1500:** 1. Matt Mullen, Alleyton, Texas 8:52:47 2. Travis Linder, Salina, Kan. 9:18:35 **Boys 10 and 11 1500:** 1. John McGee, Batesville, Ark. 7:31:03 (National AAU record) 2. Brian Murphy, Merriam, Kan. 7:32:26 3. Danny Dalton, Kettering, Ohio 7:36:86 **Boys 12 and 13 3 Km:** 1. Nick Brunson, Greenwood, Ind. 16:54:42 2. Louis Brown, Silver Spring, Md. 17:02:20 3. Marshal Hoke, San Antonio, Tex. 17:26:90 **Boys 14 and 15 3 Km:** 1. Giaccamo Meeks, Houston 15:28:71 **Boys 16 and 17 3 Km:** 1. William Leggett, Woodbridge, Vir. 14:41:51 2. Lonnie Hockenberry, Hawley, Penn. 17:28:06--Harold Canfield reports on these races: "I've talked with many spectators and others who have seen little or no racewalk competition and nearly all were greatly impressed with the performances of the athletes and the expert officiating. All in all, I can truly say that the racewalks were the finest quality, all around, that we have ever had in this part of the country."

ON WITH THE RESULTS (That's all the international and national stuff): **10 Kilometer, Dedham, Mass., July 10--1.** Steve Vaitones 52:17 2. Bob Ullman (44) 55:37 3. Justin Kuo 58:06 4. Tom Knatt (52) 59:01 **Women:** 1. Ann Doggett 59:01 **5 Mile, South Boston, Mass., July 15--1.** Steve Vaitones 40:12 2. Ken Mattsson 43:25 3. Justin Kuo 43:48 4. Nasser Sharara 48:31 5. Bill Clark 50:01 (11 finishers) **Women:** 1. Ellen Abbott 48:44 2. Ann Doggett 49:05 3. Kathleen Tobin 49:52 (22 finishers) **15 Kilometer, Sterling, Mass., July 25--1.** Brian Savilonis (42) 1:19:02 2. Steve Vaitones 1:20:20 3. Will Desrosiers 1:24:06 4. Bob Ullman 1:26:09 5. Ken Mattsson 1:27:36 6. Justin Kuo 1:29:09 7. Charlie Mansbach (48) 1:34:41 8. Wayne Nicoll (60) 1:35:30 **Women:** 1. Meg Ferguson (43) 1:38:05 **1 Mile, Alexandria, Vir., May 30--1.** Victor Litwinski (49) 8:58.5 2. Nancy Whitney (57) 9:26.2 **3 Km, same place--1.** William-Jesse Leggett (16) 14:58.2 2. James Moreland (40) 15:03.3 3. Jim Goldstein (44) 16:49.5 4. Victor Litwinski 17:05.4 5. Jim Lemert (57) 17:26.8 6. Phil Caine 17:34 7. Vlerie Meyer 17:47.3 8. Nancy Whitney 17:52.5 **1 Mile, Alexandria, June 27--1.** Alan Price (46) 7:28 2. James Moreland 7:57.3 3. James Lemert (58) 8:56.4 4. Victor Litwinski 9:03.6 5. Claude LeTien (46) 9:25 6. Bill O'Reilly (67) 10:23.7 **3 Km, same place--1.** Victor Litwinski 17:01 2. James Lemert 17:08 3. Dan Kornhauser 17:17 4. Claude Letein 17:19 5. Nancy Whitney 17:42 **5 Km,**

Dearborn, Mich., April 5--1. John Elwarner 25:05 2. Terry McHoskey 26:25 3. Marino Scerpella 30:25 **10 Km, Dearborn, May 9--1.** Victor Sipes (50) 54:26 2. Max Green (61) 56:35 3. Marino Scerpella (52) 59:56 4. Gerry Bocci (55) 60:26 **Women's 5 Km, same place--1.** Diane Podsiadlik 29:27 **10 Km, Dearborn, May 30--1.** Victor Sipes 52:14 2. John Elwarner (53) 52:20 3. Max Green 54:41 4. Marino Scerpella 56:02 5. Bob Campbell (48) 61:56 6. Vance Genzlinger (64) 63:19 **Women's 5 Km, same place--1.** Diane Podsiadlik 28:13 **10 Km, Dearborn, June 13--1.** Victor Sipes 52:23 2. Max Green 54:22 3. Marino Scerpella 57:51 **Women's 5 Km, same place--1.** Diane Podsiadlik 28:20 **10 Km, Dearborn, June 26--1.** Victor Sipes 51:53 2. Max Green 56:15 3. Marino Scerpella 58:29 4. Bob Campbell 58:49 5. Gerald Bocci 59:13 6. Vance Genzlinger 61:41 **Women:** 1. Jeanne Bocci 59:32 **5 Km, Dearborn, July 17--1.** Victor Sipes 24:51 2. Max Green 25:41 3. Valentine Hompeth, Can. 27:53 4. Terry McHoskey 28:18 **Women:** 1. Diane Podsiadlik 27:52 **10 Km, Dearborn, Aug. 7--1.** Victor Sipes 51:07 2. Max Green 52:26 3. Marino Scerpella 56:29 4. Bob Campbell 58:08 5. Vance Genzlinger 59:42 **Women:** 1. Lisa Sonntag 51:04 2. Diane Podsiadlik 56:48 3. June Marie Provost (60) 60:31 **5 Km, Lawton, Mich., July 3--1.** Jerry Cameruci 28:07 2. Ken Cyr 28:30 3. Bill Reed 29:50 **5 Km, St. Joseph, Mich., July 17--1.** Jerry Cameruci 26:48 **5 Km., Kenosha, Wis., June 5--1.** Ali DeWitt 26:15 2. Michelle Rohl 26:28 3. Marg. Disaburn 26:42 4. Liz Fashun 27:18 5. Terri Krentz 29:51 **Masters:** 1. Lynn Tracy (40) 29:39 2. Renee Weatherford (58) 29:40 **Men:** 1. Rob Cole 21:17 2. Al Heppner 23:05 3. Andrew Herman 23:36 4. Lennie Becker 23:45 5. Dave Doherty 24:06 6. Brian Colby (12) 27:49 **Masters:** 1. Don Mowles (50) 24:27 2. Pete Williams (40) 25:55 3. Matt Rutyna (60) 27:27 **10 Km, Kenosha, June 5--1.** Kelly Watson 49:18 2. Jennifer Zalewski 49:29 3. Holly Wick 51:50 **20 Km, Kenosha, June 5--1.** Mike DeWitt (42) 1:40:12 3 **Km, Rock Island, Ill., June 10--1.** Dean Easterlund (40-44) 15:56.8 2. Paul Johnson (55-59) 15:34 3. Frank Brown (55-59) 17:28 **1500 meters, same place--1.** Paul Johnson 7:07.7 2. Dean Easterlund 7:22.2 3. Frank Brown 8:06.6 **Women:** 1. Teresa Nicola 8:40.7 **5 Km, Lockport, Ill., June 19--1.** Dean Easterlund 27:58 **Women:** 1. Diane Graham-Henry (47) 30:20 **1500 meters, Libertyville, Ill., July 10--1.** Don Mowles 6:46.1 2. Selwyn Marcus (40-44) 8:33.4 3. Steve Faith (45-59) 8:34 **Women:** 1. Diane Graham-Henry 8:17.7 2. Lynn Tracy 8:20.3 3. Joyce Decker (55-59) 8:24.6 4. Terri Krentz 8:34.8 **3 Km, same place--1.** Don Mowles 14:29.6 2. Steve Faith 17:58 **Women:** 1. Diane Graham-Henry 17:09.2 2. Lynn Tracy 17:21 3. Joyce Decker 17:27 4. Terri Krentz 17:49 **3 Km, Lisle, Ill., July 24--1.** Mike DeWitt 13:10.91 2. Don Mowles 13:50.53 3. Steve Frey (40-44) 17:11 **Women:** 1. Lynn Tracy 17:09 **3 Km, Denver, June 30--1.** Mike Blanchard 14:53 2. Charlie Corder (49) 17:48 **10 Km, Longmont, Colorado, June 19--1.** Alan Yap (50) 54:22 2. Vilsha Sedlak (44) 56:43 3. Stuart Sonne (55) 59:55 **5 Km, Lakewood, Col., July 10--1.** Mike Blanchard 24:20 2. Lori Rupoli (42) 28:52 3. Breta Skinner 29:14 4. Patty Gehrke 30:07 **5 Km, Evergreen, Col., July 4--1.** Mike Blanchard 24:28 2. Sally Richards-Kerr (40) 25:02 3. Dan Pierce 26:54 4. Alex Woelper 27:51 5. Chris Chase 28:45 6. Daryl Meyers (50) 28:46 7. Breta Skinner 29:17 8. Charlie Corder 29:53 9. John Lyle (60) 30:02 10. Marianne Martino (43) 30:25 11. Klaus Timmerhaus (68) 30:43 **5 Km, Aurora, Col., July 18--1.** Mike Blanchard 25:49 2. Ray Franks (58) 29:08 3. Sheri Young 41) 29:35 4. Charlie Corder 29:46 **Doc Tripp Memorial 10 Km, Broomfield, Col., Aug. 7--1.** John Spuhler 46:56 2. Mike Blanchard 49:50 3. Dan Pierce 53:01 4. D.A. Walker 53:33 (1st woman) 5. Marianne Martino 60:08 **15 Km, Palo Alto, Cal., July 11--1.** Cindy March 1:15:33 2. Therese Iknoian 1:25:36 **Men:** 1. Kirk DeFord 1:25:03 2. Ron Daniel

1:34:28 5 Km, Elk Grove, Cal., July 10--1. Karen Stoyanowski 25:05 2. Pet Gighetti 25:39
 3. Tommy Aunan 25:44 4. Sally Focacci 27:17 5. Darwin DeGroot 28:02 6. Dick
 Petruzzi 29:45 1 Hour, Carmichael, Cal., June 27--1. Sally Focacci 6 mi 788 yds 2. Dick
 Petruzzi 6 mi 737 3. Darwin DeGroot 6 mi 75

MAKE CONTACT WITH THESE RACES

Sun. Sep. 5 North American Masters 15 Km, Albuquerque, N.M., 7:15 am (L)
 Mon. Sep. 6 15 Km, Washington, D.C., 9 am (HH)
 Thu. Sep. 10 5 Km, Metairie, 7 pm, Louisiana (M)
 Sat. Sep. 11 5 Km, Cleveland, Ohio, 10 am (AA)
 1 Hour, Rock Island, IL (EE)
 Sun. Sep. 12 National 40 Km Senior Men, Masters Men and Women, Ft.
 Monmouth, N.J. (A)
 5 Km, Long Beach, Cal. (B)
 10 Km, San Francisco (BB)
 Sat. Sep. 18 National 5 Km Championships, Men and Women, Kingsport, TN(T)
 5 Km, Columbia, Missouri, 5 pm (U)
 5 Km, Manchester, NH (CC)
 1 Hour, Warren, Michigan (Z)
 Sun. Sep. 19 5 Km, New York City, 10:30 am (T)
 1 Hour, Alexandria, Virginia, 9 am (HH)
 Sat. Sep. 25 National 10 Km and 100 Mile, Xenia, Ohio (V)
 Sun. Sep. 26 Casimiro Alongi Invitational, 3, 5, 10, and 20 Km, Dearborn,
 Michigan (E)
 Portland Marathon, Portland, Oregon (OO)
 Sat. Oct. 2 8 Km, Kalamazoo, Mich. (F)
 10 and 20 Km, Columbia, Missouri, 7 am (U)
 3 Km, Naperville, Illinois (FF)
 3 Mile, Seattle, 9 am (C)
 Sun. Oct. 3 National 1 Hour and 2 Hour, Cambridge, Mass. (CC)
 5 Km and 12 Km, San Francisco (BB)
 Sat. Oct. 9 Half Marathon, Sacramento, Cal. (D)
 North Region Race Walk Championships, Illinois (FF)
 Sun. Oct. 10 5 Km, Metairie, Louisiana, 8:30 am (M)
 North Region Racewalk Championships, Illinois (FF)
 10 Km, Albuquerque, NM (L)
 Sat. Oct. 16 5 Km, Davenport, Iowa (N)
 3 and 10 Mile, New Orleans, 8 am (M)
 Metropolitan 30 Km, New York City, 9 am (C)
 Sun. Oct. 17 1 Hour, Alexandria, Virginia, 9 am (HH)
 Detroit Marathon (Z)
 Sat. Oct. 23 5 Km, Picayune, Mississippi, 8:40 am (W)
 Fri. Oct. 29 5 Km, Metairie, Louisiana, 7 pm (M)
 Sun. Oct. 31 5, 20, and 50 Km, Columbus, Ohio (R)
 National 30 Km, Atlanta, Georgia (Y)

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 X--Jim Bean, 4658 Fuhrer St., NE, Salem, OR 97305
 Y--Carol Sams, 1513 Stoneleigh Circle, Stone Mountain, GA 30088 (404-469-2429)
 Z--Frank Soby, 3907 Bishop, Detroit, MI 48224
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 CC--USATF National 1 and 2 Hour, 39 Oakland Rd., Brookline, MA 02146 (617-566-7600)
 DD--Walking Club of Georgia, P.O. Box 645, Stone Mountain, GA 30086
 EE--Dean Easterlund, 4724 11th St., East Moline, IL 61244
 FF--Illinois T&F Assn., 111 W. Butterfield Rd., Elmhurst, IL 60614
 GG--Steve Pekock, Elliot Hospital, 955 Auburn St., Manchester, NH 03103
 HH--Sal Corrallo, 3466 Roberts Lane N., Arlington, VA 22207
 * * * * *

OUTSTANDING MASTERS PERFORMANCES

(Compiled by Bev LaVeck)

Dist.	Time	Name and country	Age	Date
5 Km	20:55	Gary Little, New Zealand	49	12/7/91
5 Km	27:48	James Grimwade, Great Britain	75	7/12/87
10 Km	40:08	Willi Sawall, Australia	40	8/28/82
10 Km	47:48	Carlo Bomba, Italy	62	9/2/84
10 Km	55:01	James Grimwade, Australia	75	9/27/87
15 Km	1:22:53	Tom Daintry, Australia	70	4/25/81
20 Km	1:21:36	Willie Sawall, Australia	40	7/4/82

20 Km 1:25:09	Willi Sawall, Australia	46	8/27/88
20 Km 1:26:32	Gary Little, New Zealand	50	2/16/92
20 Km 1:43:50	Carlo Bomba, Italy	63	6/2/85
20 Km 1:56:22	James Grimwade, Great Britain	75	10/31/87
20 Km 2:34:01	Albert Theobal, Australia	90	4/3/87
50 Km 3:50:24	Yevgeniy Yevchenko, Russia	41	7/27/79
50 Km 4:00:49	Gerhard Weldner, Germany	47	10/1/78
50 Km 5:19:34	James Grimwade, Great Britain	75	8/1/87
Women			
5 Km 23:27	Suzanne Griesback, France	40	6/15/85
5 Km 26:47	Jean Albury, Australia	58	12/4/87
5 Km 29:16	Britta Tibbling, Sweden	71	7/89
10 Km 59:51	Britta Tibbling, Sweden	69	11/29/87

(Ed. Without checking Bev's research endeavors closely, I notice one omission. Jose Marin did 3:49:06 for 50 last year (3/23/92) at the age of 42. I'm sure Bev would appreciate any further suggestions for updates.)

FROM HEEL TO TOE

Thoughts and comments from Ron Daniel: **Eugene Nationals:** It was about 10 degrees warmer each day where I was standing. Also, there was a long hill (about 300 m) each lap. COuld be why times were sluggish! With the races being the qualifier for the Olympic Festival, the toughest team to make might just have been the West women's 10 Km walk squad. Seven competitors (Standley, Armenta, March, Wilkinson, Herazo, Bustos, and Stoyanowski) from the West (about 1/3 of the field), all from California high schools and four living in the Pacific Association. **The DOn Quixote Convention:** I understand Gene Dix's intent with his proposal; however, a DQ'd walker in a race can severely slier the dynamics of the event. You could have the dq'd walker acting as a pacer for domeone, a walker not in trouble with the judges pushing extra hard to catch a walker who is already dq'd and winding up with his or her own dq, etc. Offering a little slack, I'd go along with the proposal if it were restricted to **nonchampionship** caliber races. That is, a local race where the race director is trying to develop interest. I'd only extend the courtesy to novices one or two times maximum. Also, the dq'd walker should still remove his or her number, the other walkers should be informed of the dq, and the dq'd walkers finishing time not recorded or published. You've already heard the litany about racewalking being a technique event, a definite distinction needs to be maintained between the sport and the fitness participant. **Paul Cajka opinion paper (dreaming):** It's stimulating to read Paul's opinions on ways to expand the sport of racewalking. If I were new to racewalking, I'd think them unique. However, the reality is that much of what he suggests has already been proposed and much tried. Nevertheless, reviewing past history is not necessarily bad, only if it leads to the same lack of success. For example, it's not like the school and college thing hasn't been tried. Witness the old IC4A and the present NAIA activities. Unfortunately, they are not self sustaining, no matter how well intentioned. Also, Paul should be talking to someone like Bruce MacDonald about what it takes to get racewalking into a scholastic program. Bruce labored many years with the New York State program. Yet even with many years of outstanding results, State administrators still find excuses to trash the program. Without a national priority, race walking on a large scale in the school systems just won't fly. With many U.S. schools cutting back on physical fitness,

there is probably little chance for acceptance of racewalking as a sport. Besides, what would be the incentive for the athlete? Sure, it would be great to have the continuity of racewalking in the high schools followed by the opportunity to racewalk while in college. The potential for success is obvious. But, without the program already in place, the next best focus would be on a local level. I say make scholastic racewalking an Association effort and let the National Committee focus on the National Team. Well, I guess we've all fantasized on winning a big lottery! As for Paul's strawman budget plan, it would swallow-up \$800K in a year. Meanwhile, if I were to dreamup a fund raiser, I'd start with those millions and millions of fitness walkers, get them to donate a buck each, send them a thank your certificate for supporting the National Team, and really have some serious money to run a program. Now, how to get them to send in a buck? Clearly, if the solution to our funding problem were simple, we'd have stumbled on it by now. But, back to reality. First, we have to decide what is our goal: If we're looking for international medals, then we don't need tens of thousands of participants, but we need a well-focused elite athlete selection system. However, without reasonable incentives (not just prize money) and firm commitments from the athletes, no lasting progress would be achieved. It takes a unique individual to go into the sport and the carrot should be golden. And now, we're back to those darn budget problems. Also, while I don't ascribe to the notion that the current U.S. racewalking community doesn't have any capable coaches, I do believe that whom ever took the job wouldn't be successful if they weren't given total control over the team. That would include training schedules and authority over selections for representing the U.S. at competitions. Can you imagine the team all living together for most of the year. Quite a commitment, don't you think. National Team selection should be based on standards not just rankings, with continuous improvement a must. Provisions by the National Committee could include proper training facilities, housing, pooportunities to compete internationally, and stipend payments for performing well and showing improvement. Obviously, you can't get a full-time qualified coach on a volunteer basis (unless he just the big one and wants the job). Whoops, here we are needing money again. So, how do we get the money? Marketing...Image...Sdvertising. Take your pick. They're all crucial. Maybe even more so than development. Without success here, we'll continue at a poverty level subsistence and you can't attract the superstars, athletes or coaches, with that. Hope this doesn't sound like I'm dousing Paul's dream, but the reality is that there isn't much new. We've always needed more money, a superstar or two, and a self-sustaining feeder system. But one thing's for sure, if we don't get serious, we're going to get further behind. . Bonnie Stein notes in the Walking Club of Georgia's newsletter, Walk Talk, that racewalking has made it into The New Webster's Collegiate Dictionary. They sell it as one word, no doubt accepting the precedent set by the ORW many years ago. . In response to the letter from Marjorie Holmes last month regarding judging at the Natinal Senior Sports Classic in Baton Rouge, Richard Charles in Austin, Texas writes: "Marjorie Holmes is a fine athlete whose views I value and thus wish to clarify the role of the Racewalk Judges at the National Senior Sports Classic. It is true that some entrants ". . .may be discouraged from continuing the sport." Don't blame the judging. As Marjorie knows (she's a RW Judge) racewalking involves two rules, and three judges acting independently, must report a rule violation in order for that athlete to be DQ'd. As CHief Judge, I instructed the judges to be fair, consistent, and to judge all athletes by the same rules. And, be sure to give the athlete the benefit of the doubt. I was satisfied with the job they did. My measure was the consistency of the results on the Judge's Summary. True, soem walkers did not receive a "warning call". A warning is given when the athlete is on the verge of violating a rule. If

the athlete is observed violating a rule (not on the verge), the Judge will record the violation (as a Red DQ card) and is not required to give a warning. Racewalking is the only sport I know of where the RW Judge serves as a coach when issuing a warning call. There has been, and probably will continue to be much more discussion on 'warnings vs. no warnings'. As much as we as Judges would like to 'warn' those athletes who are on the verge of violating a rule, the logistics of the event may make it impossible. The 5 Km course was a 2500 meter closed loop. There were 13 Judges on course, each judge could view the athlete a maximum of two times. A bicycle 'card picker' traversed the course and gathered the red cards from Judges. It was not possible for me as Chief Judge to notify those athletes who had received three proper DQ cards. You had to find their Bib Number, an impossibility during the race, where there were about 350 athletes who had three different start times. So much for the judging. Race administration, the handling of results, the nature of the state qualifying events, whether there ought to be a distinction between a racewalking event and a fitness-speed walking event are all worthy of serious consideration by the National Organization before the 1995 Classic. I understand that the National Senior Classic Organization plans to have regionals, which will advance qualifiers to their State National Senior Classic Championship. Those State winners will advance to the National Senior Classic Championship (San Antonio, 1995). This process, along with other appropriate training sessions should provide a more rewarding experience for entrants. . . Incidentally, the report is that 120 plus walkers out of 435 entries in Baton Rouge were DQ'd. Maybe not too high considering that a lot of these entrants were probably quite inexperienced walkers who had never been privy to real judging before. The most interesting number is the 435 entrants (and I have seen another figure of 571 in the 1500, which took 37 heats and 10 hours to complete, it said). Why does this event draw so many more than the supposed official national championship sponsored by USA T&F?

LOOKING BACK

25 years ago (From the August 1968 ORW)--Larry Young was hot at the Olympic Training Camp in Lake Tahoe's altitude. He turned in a 1:16:53 for 10 miles, 1:34:42 for 20 Km, and 2:27:46 for 30 Km in separate races. Don DeNoon gave him a close race in the 20 and also did 21:50.5 for 5 Km, beating Tom Dooley by 1.5 seconds. . . The National 40 Km in Long Branch, N.J. went to Dave Romansky in 3:30:34, with Goetz Klopfer less than 3 minutes back. The New York AC won the team title with Ron Daniel, Ron Kulik, and John Knifton finishing 3, 4, and 6.

20 Years Ago (From the August 1973 ORW)--The feature story was on the possibility of walking being removed from the Olympics. As it turned out, we did lose the 50 Km in Montreal in 1976, but it was back again for Moscow in 1980. A lot of hard work by a lot of people over several years prevented something worse happening. . . Randy Mimm and Mitch Patton were walkers on the first U.S. Junior T&F team to tour in Europe. They had 10 Km races in West Germany, Poland, and the USSR, both turning in the best times in the final meet--49:47 for Patton and 49:52 for Mimm. . . In Long Branch, John Knifton overcame Ron Laird to win the 40 Km title in a course record 3:29:45. Ron had 3:31:14. Gary Westerfield and Todd Scully were way back in third and fourth. . . Shaul Ladany won both the 20 and 50 in the Maccabiah Games in Israel in 1:38:54 and 4:23:31.

15 Years Ago (From the August 1978 ORW)--We were still in Long Branch for the 40, and this time Dan O'Connor prevailed in 3:31:25. Carl Schueler was 8 1/2 minutes back, beating Ron Daniel and Bob Kitchen. . . England's Olly Flynn won the Empire Games 30 Km in Edmonton in 2:22:04. Australians Willi Sawall and Tim Erickson were second and third. . . Jim Heiring, having concentrated on shorter races to this time, moved up to 30 Km with some success, winning the National in 2:30:53. Augie Hirt and John Knifton followed, well behind. . . Otto Bartsch and Anatoly Solomin won the Soviet titles at 50 and 20 Km, respectively in times of 3:56:36 and 1:23:30--then the second fastest road 20 ever.

10 Years Ago (From the August 1983 ORW)--In the first ever World Championship T&F Meet in Helsinki, Mexico's Ernesto Canto won the 20 Km walk in 1:20:49. He got away from Josef Pribilinec, Czechoslovakia, in the last 2 km to win by 10 seconds. The Soviet Union's Yevgeniy Yevsyukov beat Spain's Jose Marin for the third medal. Canadian Guillaume Leblanc was eighth, with Jim Heiring leading the U.S. contingent with 1:25:49 in 19th. . . Five days later East Germany's Ronald Weigel won the 50 in 3:43:08, as Mrin came back to capture the silver in this one (3:46:42). Sergel Junh, USSR, was third in 3:49:03. Marco Evoniuk, who also walked the 20 but dropped in 13th place when he was told he had another loop to complete (he did not) near the end, was the first U.S. 50 km finisher in a brilliant 3:56:57. That gave him eighth place. . . Teresa Vaill won the 5 Km at an International Racewalking Festival on Long Island in 25:10.7. The 10 Km went to Susan Liers-Westerfield in 52:09. And one of our own racewalking limereicks that we repeated then and repeat again now, goes:

Before going out for a stroll,
Heed this advice rather droll,
Put some grease where its needed,
Let this not go unheeded,
Lest your skin pay a terrible toll.

QUESTION: You are timing a 20 Km. Race Walk held entirely or partly on a road course and using a Seiko timer. You stop the digital timer and get a time of 1:25:37.09. How do you record the time?

a) 1:25:37.09 b) 1:25:38 c) 1:25:37

ANSWER: The correct answer is "C." If you missed it, you are not up on the major new rule change affecting our sport and you better read on!

HOW TO REPORT OFFICIAL WALKING TIMES

by Jim Hanley

Sometimes, timers incorrectly report race times and some one has to correct the official results. There is a standard way to write down the official race times as per the IAAF and USA Track & Field rule books, but people sometimes get confused by the wording in the rule books. It is really very easy for the timers to do everything right in the first place, if one can remember a few simple concepts.

1) A decimal point (".") is only used to show part of a second. (1/10 or 1/100 of a second). Colons (":") are always used between hours, minutes and seconds.

2) All hand-timed races--including race walks--on a track are to be timed to the nearest 1/10 second. Thus, a typical 5,000 meter walk on a track might have a time like 23:10.2. A 20 km. walk held entirely on a track and hand timed would look like 1:35:23.2.

3) For fully automatic timing on the track, the time is taken and reported to the nearest 1/100 second. For example, 23:10.23 for a 5 km. track walk.

"Fully Automatic Timing" (FAT) equipment is both started and stopped automatically. Examples are the Accutrak and Swiss Timing systems used in the Olympic Games. A timing device which is started automatically but is stopped by hand is illegal for any timing.

Our Southern California Association only uses fully automatic timing for race walks in major meets such as the Mt. SAC Relays, Olympic Trials, etc. Remember, never report hand times to 1/100 second because results to 1/100 second show that fully automatic timing was used.

Modern digital stop watches (including the Seiko and Chronomix) are NOT fully automatic timers so their times must be reported in 1/10 seconds despite the fact that their readouts may be in 1/100 seconds. You must round up. (Under the new rule change the Seiko can be used to time track events or road races, but the old Chronomix cc707 printing timer is now only allowed for road races because it only prints out to 1/10 second.)

4) Always give the athlete the "un-benefit of the doubt" when rounding up. TAC Rule 37 states that all times not ending in zero shall be rounded up. Thus a 5 km track walk hand timed in 25:52.31 would be rounded up and reported as 25:52.4. You must round up the 1/100 second time to the next higher 1/10.

(Though this rounding up rule seems unfair, it exists so the new rule is consistent with the old mechanical stop watch procedures which called for rounding up in all cases where the watch hand did not fall exactly on the 1/10 mark.)

5) All road races (including those starting and/or finishing on a track) are timed to the nearest whole second. The Olympic 20 Km. walk record is in the book as 1:19:57. It may have been hand timed as 1:19:56.2 or automatically timed as 1:19:56.44, but you round it up to 1:19:57!

6) In a major new rule change, USA Track & Field now requires that manually operated digital timers (i.e. Seiko and most other modern stopwatches) have at least one more digit than will be recorded. All additional digits after that are to be ignored. Thus, a marathon or road walk time of 2:09:44.08 shall be read as 2:09:44.0 and recorded as 2:09:44. Basically, this change will only affect current procedures when the race is partly or entirely on the road and the one-hundreds are between .01 and .09!

SUMMARY

HAND TIMING

	IF YOUR WATCH READS:	YOU REPORT:
TRACK RACES up to & incl. 10,000 Meters	1:10:34.3 1:10:34.31 1:10:34.30 1:10:34.08	illegal watch 1:10:34.4 1:10:34.3 1:10:34.1
TRACK RACES over 10,000 Meters	2:10:34.31 2:10:34.08	2:10:34.4 2:10:34.1
ROAD RACES	2:10:34.3 2:10:34.31 2:10:34.09	2:10:35 2:10:35 2:10:34

FULLY AUTOMATIC TIMING

	IF YOUR PICTURE READS:	YOU REPORT:
TRACK RACES up to & incl. 10,000 Meters	1:10:34.54	1:10:34.54
TRACK RACES over 10,000 Meters	2:10:34.54	2:10:34.6
ROAD RACES	2:10:34.54 2:10:34.09	2:10:35 2:10:35

Remember, after you report your official time to the Chief Timer as per the above procedures, he will take the middle of the three times so reported and list that as the official time. He will not take the average time, but throw out the high and low time and take the middle time. If two watches agree, that will be the correct time. In the event that only two watches time an athlete, the worst (or longer) time is the one used.

Why bother with all this? Besides the fact that the rule books say we should time this way, we should be consistent in all areas. Athletes and fans in far away geographic areas can immediately understand and appreciate the times reported in this standard format. Likewise, times reported in other formats might lead others to suspect that the timers were not knowledgeable of correct timing rules and procedures which could jeopardize any records that the athletes might set.

Source---

1993 USA TRACK & FIELD RULE BOOK
Rule 37, section 9c